**ORDER FORM** - please fax or email this form together with your deposit slip to:email [**info@reboundsa.co.za**](mailto:info@reboundsa.co.za)orFax on **0866 98 99 40**



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| --- | --- | --- | --- | --- |
| **DESCRIPTION** | | Unit price | Quantity | Total |
| **REBOUNDER (Two-fold: they fold in half) with book and DVD** | | | | |
|  | **HEALTHBOUNCEPRO** (Recommended user weight from 25kg to max 130kg)  **Includes FREE: Digital** DVD 1&2 Compilation and The Miracle Exercise | **R2400** |  |  |
| **OPTIONAL ACCESSORIES** | | | | |
|  | **Canvas Carry Bag** | **R300** |  |  |
| **Support bars** Removable, adjustable support bars. Recommended for people with compromised balance, recovering from injury and illness and the frail. | **R400** |  |  |
| **BOOK & DVD’S** | |  |  | |
|  | **Rebounding for Health and Fitness BOOK** 160 page soft cover book by Keith and Justine McFarlane | **R150** |  |  |
| **On the Rebound Compilation - DVD 1 and DVD2** 2 x 40 min sessions  **Physical DVD** | **R120** |  |  |
| **“The Miracle Exercise?” DVD 3** information, instruction, Mind Power and quick 2 – 5 min sessions. Running time 60 minutes **Physical DVD** | **R120** |  |  |
|  | **Essential Health Protocols**  **An End to All Disease**  **The Eightfold Pathway**  **The Little Big Book of Health** | **R60**  **R60**  **R180**  **R90** |  |  |
| **SPARE PARTS** | | | | |
|  | **Replacement Mats** (please mark whether 36 spring unit or 32 spring unit) | **R350** |  |  |
|  | **Replacement Skirts** | **R350** |  |  |
|  | **Mat Springs** R20 each | **R20** |  |  |
|  | **Rubber leg shoes/ Leg Springs** R20 each | **R20** |  |  |

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| **DELIVERY OPTIONS Please see our “DELIVERY GUIDE” page for area maps, prices per area, options & details - Exclude this section if you are collecting from ReboundSA in JHB (NB: Price per rebounder)** | | | |
| **1. SA Post Office**  **PO or Courier** | (includes up to 4 books/DVD’s) Delivery 4 – 5 w/days. | **R220** |  |
| **Books & DVD’s** up to 3 books or DVD’s, delivery 4 – 5 w/days. | **R90** |  |
| **2. JHB Courier** | 24 hours (weekdays) Door-to-door courier delivery in the JHB area | **R100** |  |
| **PTA Courier** | 1 – 2 working days for door-to-door courier delivery to Midrand, PTA East and West & up to Roslyn & Zambezi drive. | **R110** |  |
| **Gauteng Surrounding** | Please see the yellow area on map for Gauteng Surrounding areas included | **R140** |  |
| **3. Cape Courier** | 3 – 4 working days door-to-door courier delivery to W/Cape (please see map) | **R150** |  |
| **PE/East London** | 3 – 4 working days door-to-door courier delivery to these Major cities | **R150** |  |
| **4. KZN Courier** | 2 – 3 working days door-to-door courier delivery to KZN (please see map) | **R140** |  |
| **Bloemfontein/**  **Nelspruit** | 2 – 3 working days door-to-door courier delivery to these Major cities | **R150** |  |
| **5. Other Cities** | Courier to MAJOR towns not listed on the map | **R175** |  |
| **Outlying** | Courier to small towns outlying areas– please call for a quote (post office usually recommended) | | |

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| **Total for Rebounder and/or books, DVD’s and Delivery** | | **R** |
| **NAME** | **DATE** | **ReboundSA**  **STD Bank**  Branch: **The Glen**  Branch Code: **006005**  **Ac. 041 146 867** |
| **DELIVERY ADDRESS** If applicable, include any special delivery instructions.    **Post Code** | |
| **Tel Email**  **(Landline and Cell if possible)** | | |

**COURIER & POST OFFICE DELIVERY - AREAS & RATES**



**Collection or delivery options – you can either:**

1) Collect your rebounder from our office in Glenvista/ just South of JHB (contact us for directions),

2) Send your own courier or driver to collect

3) We can deliver by Door-to-Door Courier (takes 1 – 3 working days, depending on area)

4) or Counter-to-Counter insured post to **any** South African Post Office (takes 4 – 5 working days).

**Please see below for rates and areas and feel free to contact us if:**

1) You need any further information or if you are unsure about the rates or options for your area

2) You are sending more that 1 parcel to area’s outside of those shown in the diagrams (green box at the bottom of the page) as courier rates for more than 1 parcel to these areas are usually reduced)

1. POST OFFICE **NATIONAL COUNTER TO COUNTER INSURED PARCEL DELIVERY**

a) 1 – 3 small items (books or DVD’s in 1 bubble wrap envelope) **R90**

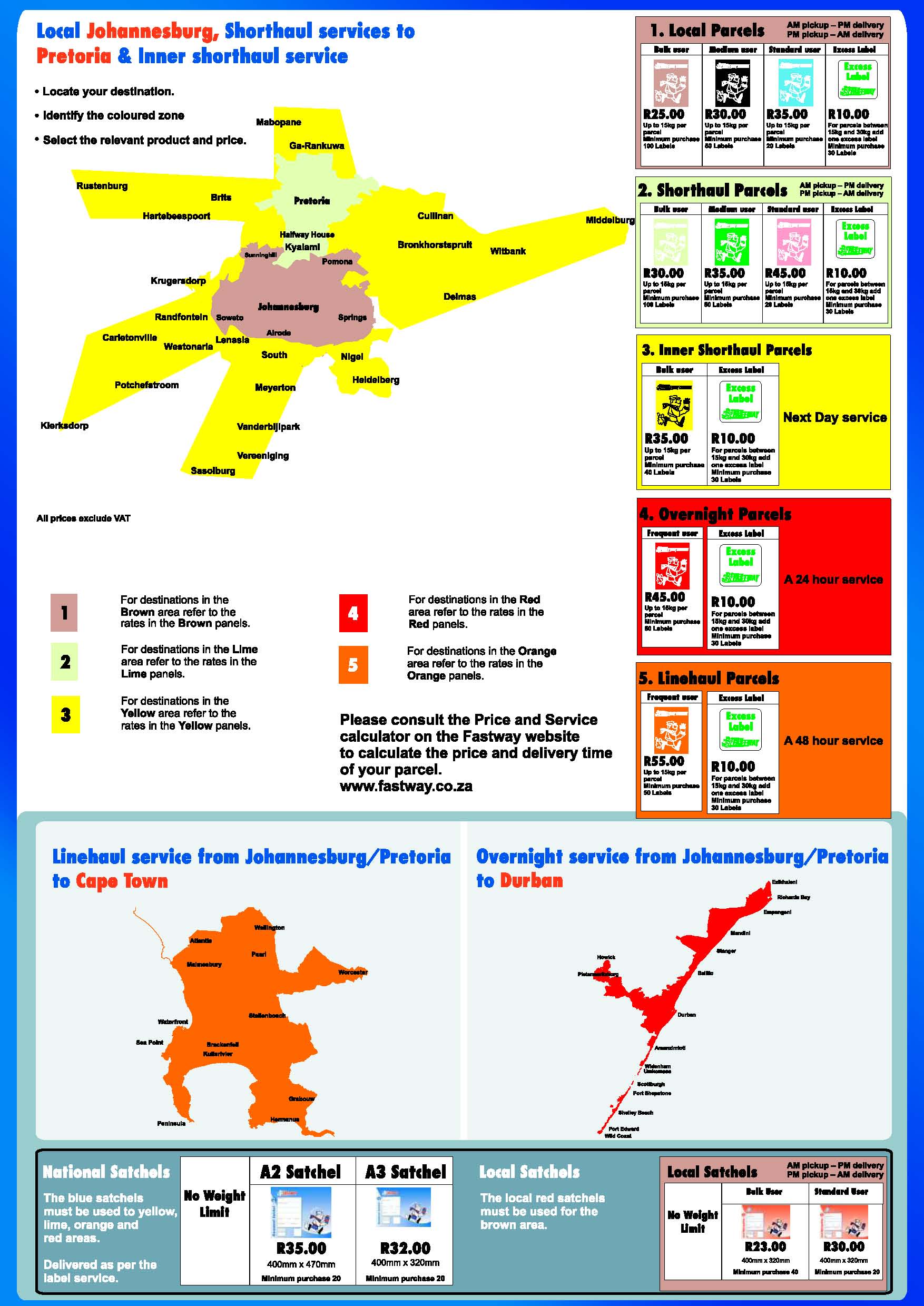
b) 1 Rebounder (this parcel can include a rebounder and/or bar, and up to 4 books and/or DVD’s) **R220**

Delivery of all insured Post Office parcels takes between 4 – 5 working days

2. COURIER

DELIVERY TO JOHANNESBURG, PRETORIA,

AND SURROUNDING AREAS



4. COURIER TO

DURBAN & KZN

COASTLINE

R140

Delivery takes

1 - 2 working days

and is to all areas

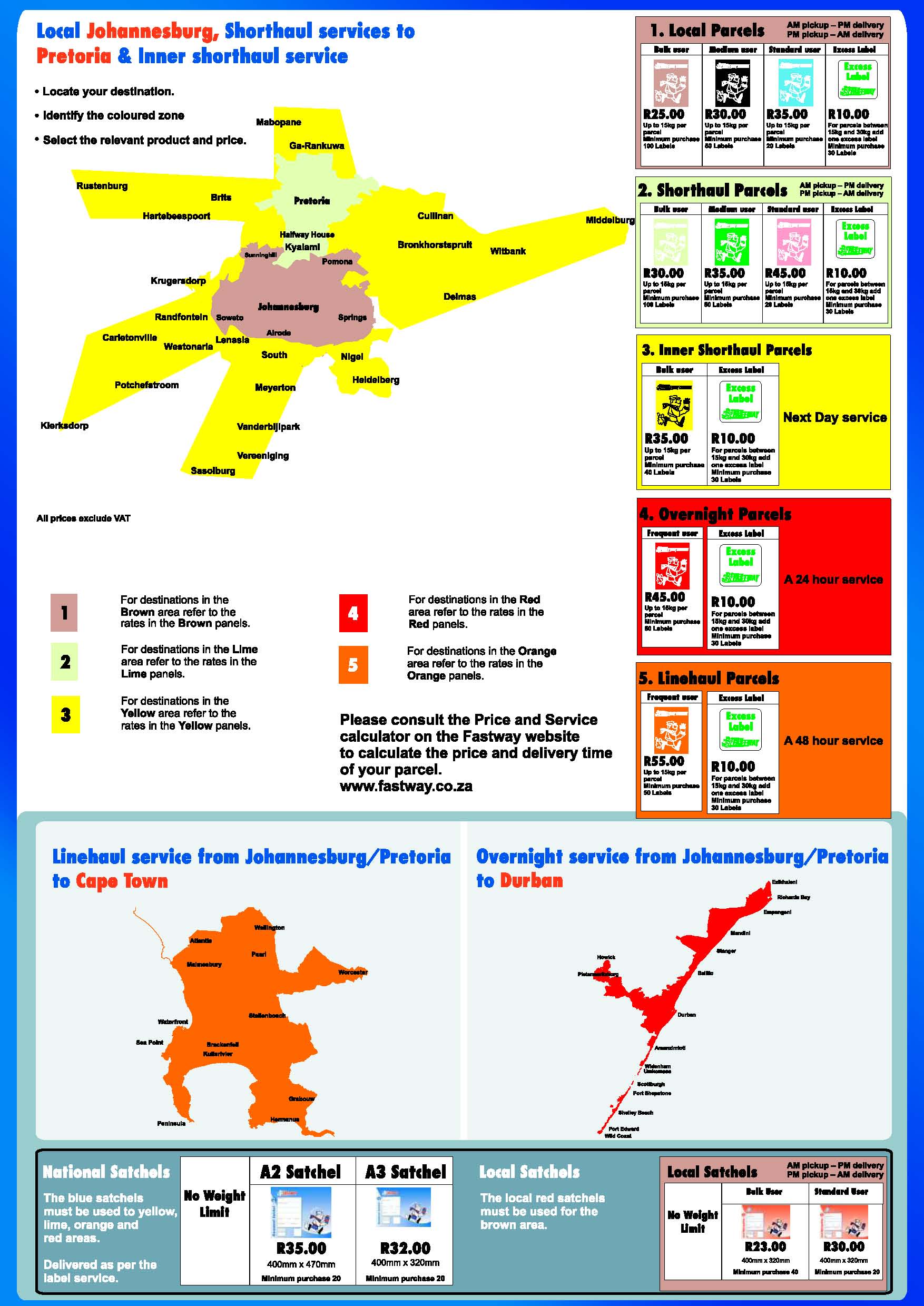
within the red block.

Prices are per parcel and

can include 1 x rebounder

and/or books/DVD’s, carry

bag and support bars.



3.COURIER TO CAPE TOWN &

SURROUNDING

R150

Door-to-door Delivery

takes 2 – 3 work days

and is to all areas within

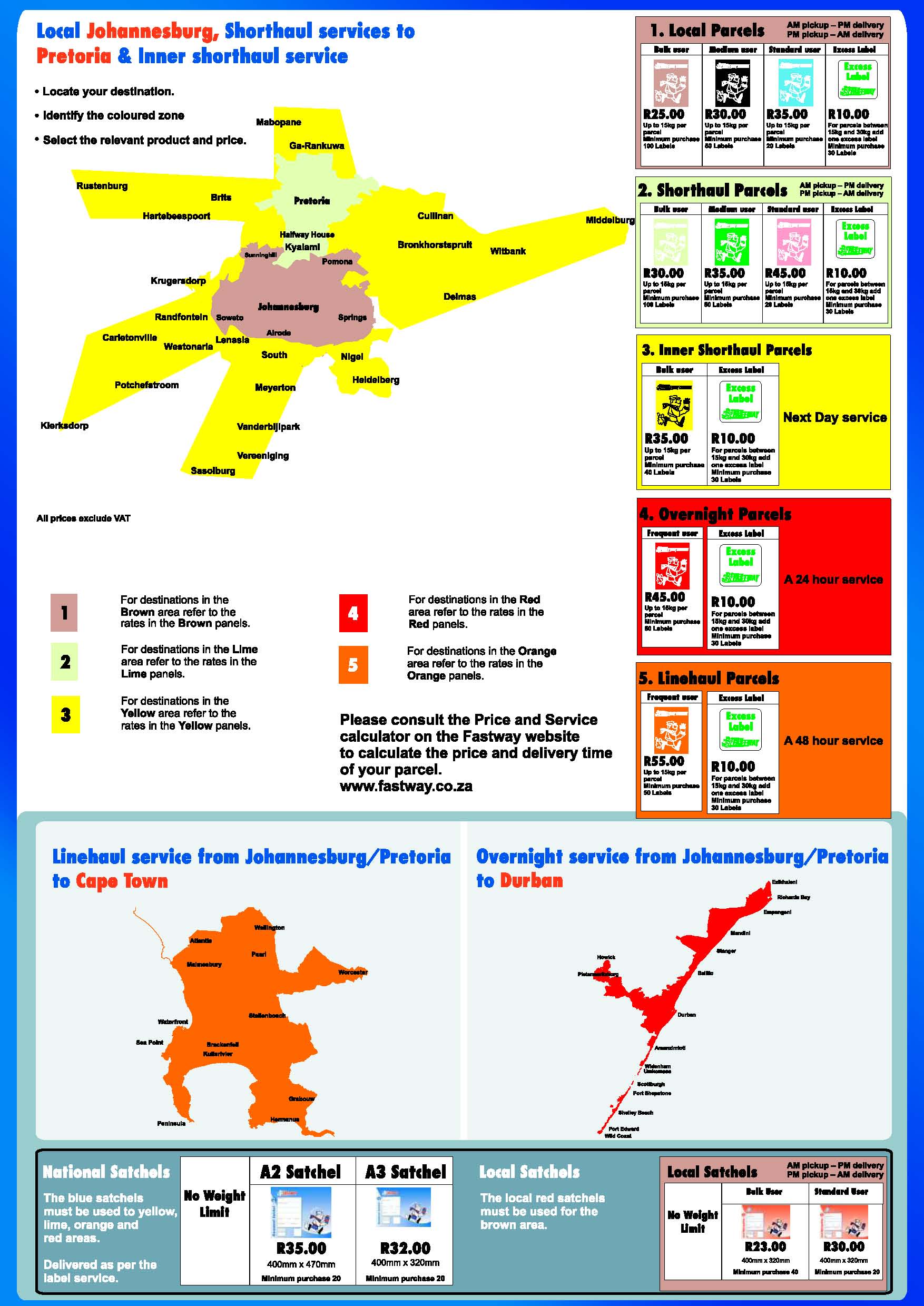
the orange block. Prices

are per parcel and can

include 1 x rebounder

and/or books/DVD’s,

carry bag & support bars.



5. COURIER **FOR ALL OTHER AREAS NOT LISTED ABOVE (NORTHERN AND WESTERN CAPE, FREE STATE, MPUMALANGA, LIMPOPO, ETC)**

Door to door courier delivery to MAJOR towns & cities (not included above) per rebounder & up to 3 books or DVD’s R175

Door-to-door delivery to outlying areas and smaller towns, please call us for a quote. We usually recommend post office delivery (R220) to these outer areas (courier can be anything between **R160 – R360)**

Johannesburg R100

Pretoria R110

Outlying JHB/Pretoria R140

Door-to-door courier delivery

Takes 1 – 2 working days to all areas within brown, green & yellow colour grids. Prices are per parcel which can include 1 x rebounder and/or books/DVD’s, carry bag & support Bars .